

## Substance Use Community Services and Resources for Adolescents

### Howard County Health Department Programs

#### Behavioral Health Navigation

##### [Bureau of Behavioral Health](#)

410-313-6240

Behavioral Health Navigation connects community members, providers, and families to mental health and substance use resources in the community.

#### Opioid Overdose Response & Opioid Misuse Prevention Programs

##### [Bureau of Behavioral Health](#)

410-313-6202

These programs provide FREE Narcan training to the public, medication disposal bags, and education on safe storage of prescription medications.

#### Peer Recovery Support

##### [Bureau of Behavioral Health](#)

Peer Recovery Line: 667-203-1264

The Peer Recovery line is staffed by individuals with lived experience who provide support and resources to community members. Peers help individuals access substance use treatment, harm reduction services, 12-step programs, and Narcan training.

#### The Tobacco Awareness Program for Teens (TAPFT)

##### [Bureau of Population Health](#)

TAPFT provides free education about tobacco and vaping use to teens.

### Outpatient Practices Providing Substance Use Services to Adolescents

#### A Better Way Counseling Services

410-730-4500

5084 Dorsey Hall Drive, Suite 105  
Ellicott City, MD 21042

#### American Psychiatric Group

[americanpsychiatricgroup.com/](http://americanpsychiatricgroup.com/)

410-599-9977

#### Anne Arundel Counseling

[www.annearundelcounseling.com/](http://www.annearundelcounseling.com/)

410-768-5988

#### Columbia Treatment Center

[www.columbia-treatment.com/](http://www.columbia-treatment.com/)

410-730-1333

#### Community Behavioral Health

[communitybehavioralhealth.net/](http://communitybehavioralhealth.net/)

1-844-224-5264 ext. 17

#### Integrative Counseling

[integrative-counseling.com/](http://integrative-counseling.com/)

410-740-8067

## Residential Substance Use Treatment for Adolescents

### Mountain Manor Treatment Center

[www.mountainmanor.org/](http://www.mountainmanor.org/)

1-800-446-8833

### Newport Academy

[www.newportacademy.com/](http://www.newportacademy.com/)

877-330-1216

### Sandstone

[www.sandstonecare.com/](http://www.sandstonecare.com/)

303-223-6404

## Community Supports and Outreach Services

### Grassroots Crisis Intervention Center

<https://grassrootscrisis.org/>

410-531-6677

Grassroots provides crisis intervention, walk-in crisis counseling services, substance use screenings, and behavioral health resources and referrals.

### HC DrugFree

[hcdrugfree.org/](http://hcdrugfree.org/)

443-325-0040

HC DrugFree provides education, resources, and outreach to prevent substance use.

### Maryland Crisis Hotline

<https://pressone.211md.org/>

Dial 2-1-1, press 1

Call 211, press 1 or text your zip code to 898-211 for help with mental health or substance use.

### MD Coalition of Families

[mdcoalition.org/](http://mdcoalition.org/)

410-730-8267, press 1.

MCF provides family peer support services, education, and support groups to families and caregivers of individuals with mental health or substance use disorders.

### On Our Own of Maryland

[oohci.org/](http://oohci.org/)

410-772-7905

On Our Own is a peer-operated Behavioral Health Wellness and Recovery Center in Columbia that provides peer support, advocacy, education, and recovery resources to the community.

### Serenity Center

[theserenitycentercolumbia.org/](http://theserenitycentercolumbia.org/)

410-884-6088

The Serenity Center is a nonprofit that houses 12-step programs like Alateen, Alcoholics Anonymous, and Narcotics Anonymous.

### Teen Health Matters

[teenhealthmatters.org/](http://teenhealthmatters.org/)

Health education and resources for teens, including physical health, mental health and suicide prevention, substance use, sexual health, and stress management.